



## INDOOR SOCCER

Indoor soccer/futsal is to follow the latest IFAB Laws of the Game with the following modifications.

### Getting Started

#### Players & Ratios:

- There are **5** players on each team. To start a game each team must have **at least 5 participants**.
  - There will be 4 players and a goalkeeper.
  - **Any games taking place at the Sexton Gym will not use a goalkeeper.**
- For **co-ed semi-comp and competitive leagues**, a minimum gender ratio of 3:2 must be playing for the duration of the game. These rules will not be applied to the **co-ed recreational league**.
  - After the game starts, if there are not 2 members of the minority gender able to play due to injuries, then the team may continue without the injured player. In such cases, the injured player cannot be replaced by a substitute of the majority gender.
  - If there are no minority-gender participants left during the game that can continue to participate, their team will default.

#### The Field of Play & Equipment:

- **The boundaries** are designated as the outside edge of the black lines marking the basketball court.
- **The penalty area** is the area known as the 'key', designated by the basketball court lines (foul line, extending back to the baseline/goal line).
- Only an indoor futsal ball is to be used inside the gym, no outdoor soccer balls are permitted.
- Field hockey nets are used at Studley, and smaller floor hockey nets are used at Sexton.

#### Playing Regulations

- **Games Duration:** 2x 20-minute run-time halves.
- **Players & Substitutions**
  - Player substitutions are on the fly – a player must exit the field of play before the substitute may enter.
  - Goalkeeper substitutions are only permitted during a stoppage in play, with the referee's acknowledgement and permission.
  - A player who is sent off may be replaced by an eligible substitution either:
    - after two minutes have elapsed following the restart, or
    - immediately after the opposing team scores a goal,In all cases, a sent-off player will not take further part in the match.
- **Goalkeepers**
  - Goalkeepers must be clearly distinguishable from the rest of the players.
  - A goalkeeper is allowed to use their hands inside the penalty area.
- **Offside:** Not enforced.

→ **Kick-in & Goal Clearances**

- **Throw-ins are replaced with kick-ins.**
- **Goal kicks are replaced by goal clearances.** It may be thrown by a GK or kicked into play by any player. It must take place within the team's penalty area.
- A goal cannot be scored directly from a kick-in nor a goal clearance.

→ **Fouls & Misconducts**

- **Slide tackling is not permitted.** Goalkeepers are exempt from this rule while in their penalty area.
- The referee may show yellow and red cards as appropriate.

→ **Free kicks & Penalty Kicks**

- Direct free kicks are replaced by indirect free kick outside of the penalty area. **Penalty kick is not replaced.**
- An opponent must always give **5 yards** of free kick distance when a free kick is awarded.
- Game taking place at the Sexton Gym will use a modified PK procedure, see below.

→ **Goalkeeper drop-kicks or throws, and goal clearances must not pass the halfway line in the air.** In events of a violation, the referee will award the opposing team a goal clearance.

**Penalty Kicks: Sexton Gym**

A penalty kick at Sexton gym is an **uncontested half-court direct free kick.**

**Procedures:**

- The ball must be placed at the center-point of the court. The kicker must be clearly identified.
- All other players must remain behind the halfway line. They must not enter the other half court until the kick is completed.
- Once the referee signals the kick to be taken, the kicker has **ten** seconds to take the kick.
- The kick is completed when a goal is scored, when the ball goes out of play or stops, or if the referee stops for any offence. If a kick is missed, the opposing team is awarded a goal kick.

**Sanctions:**

If an opponent deliberately saves the ball from being scored, they must be sent off for denying an obvious goal, and the kick is retaken. If a goal is scored instead, they are cautioned.

In all other cases, the sanction/restart is to follow what's stated in the Laws of the Game.

**Winning**

- Games ending in a tie at the end of regular time will be recorded as a **tie**.
- During playoffs, ties will be broken using the following procedure:
  - 5-minute golden-goal overtime
  - If undecided, a penalty shootout
    - Only players on the field at full-time are allowed to participate.
    - Each team will take five kicks. If undecided, kicks will continue until a winner is decided.