



## **SOCCER (INDOOR)**

### Getting Started

#### **Players & Ratios:**

- 5 players on at a time (4 players+goalie). Each team must start the game with at least 5 players.
- For **coed leagues**, a minimum gender ratio of 3:2 is required.
- After the game starts, if for any reason if there are not 2 members of the minority gender able to play, then the team is able to play down a person (4 players with a minimum 3:1 ratio).
- If there are no minority gender players left, the team will default.

#### **Boundaries & Equipment:**

- The outside edge of the black lines marking the basketball court are the out of bounds lines.
- Only an indoor futsal ball is to be used inside the gym, no outdoor soccer balls are permitted.
- At Studley, we use the bigger field hockey nets. At Sexton, we use the smaller hockey nets.

### Playing Regulations

- Games will be two 20-minute run-time halves.
- Throw-ins will be replaced with kick-ins.
- There will be no calls for offside.
- Fouls will be called in the same manner as they would for outdoor soccer. All free-kicks are indirect. An opponent must always give 5 yards of free kick distance when a free kick is awarded. Yellows cards and Red Cards may be issued at the discretion of the referee.
- Slide tackling is not permitted. Goalkeepers are exempt from this rule while in their penalty area.
- Substitutions are on the fly – players must exit the field of play before the substitute can enter.
- Goalkeeper substitutions are only permitted during a stoppage in play, with the referees permission.
- Goalkeepers must be clearly distinguishable in a separate-colored pinnie.
- Goalkeeper drop-kicks or throws over the halfway line are not permitted (referee will award a goal kick to the opposing team).
- Goal Kicks can be either thrown or kicked, permitted they do not pass the half-way line.
- Goalkeepers crease (area they are allowed to use their hands) is the area known as the 'key', designated by the basketball court lines (foul line, extending back to the baseline/goal line).
- Fouls or handballs by the defensive team inside their crease will result in a penalty shot for the opposing team, taken from the middle of the foul line.
- A sent-off player may be replaced by an eligible substitute with conditions applied, after either two minutes have elapsed, or the opposing team scores a goal. However, a sent-off player will not take further part in the match.

### Ties

- Games ending in a tie at the end of regular time will be recorded as a tie.
- During playoffs, games will be decided with a 5-minute sudden-death overtime. Should the overtime period also end in a draw, a penalty shootout will commence. The result is decided by the best out of 5 kicks.